

## Le FaQ = Frequently answered Questions

My mobile phone number during the week (+0033 & drop the next zero if phoning from outside france)  
06 03 65 08 07

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## INTINERARY

### Course Start Day

15hr - onwards : Check in to your room.  
(Adding pick ups)  
15>16h15 transfer taxi from Libourne to Sanse  
17hr - Welcome tea. Teaching starts  
Adam : Introduction to Course  
Any Questions?  
'Art Walk 1' - around the site.  
Visit Atelier.  
18hr30 - Aperitifs.  
'My Art Journey'  
19hr - à Table

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Then Six full days for Art

### Course Last Day

7hr30-10hr: Last breakfast  
Good-Byes  
Packing rooms  
9hr transfer taxi to Libourne  
help packing studio and paintings  
A.O.B.  
Check Out Rooms by 12hr

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## DAY TIMETABLE

... depends on the weather ....

Please read this : [http://www.artists-atelier.com/painting-courses/petit déjeuner](http://www.artists-atelier.com/painting-courses/petit-dejeuner)

9,00 start at studio

I like to start the day with a demo or a structured lesson.

In group. Plus more natural demos

Normally, in a natural & unrushed manner, it can take up me to 3 hours to paint a painting. Oils can take longer. But a demo doesn't work too well if it goes on to long as students get bored or wish to return to their own painting. Thus speeding up the painting process .... which can lead to sloppy speed. & artificial 'slick' unconsidered painting.

LUNCH à table by 1 pm

Adam has a break.

15hr: individual painting & individual tuition, tea & coffee

18hr : Teaching finishes

19hr : Appertifs, à Table

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## WHAT TO WEAR

Sunhat, sun glasses, sun cream (essential).

Insect repellent, insect bite cream (there aren't many bugs & mosquitoes about but painting outside all day long does mean that one might meet one or two),

Peppermint OR spike lavender essential oil (works immediately against deer ticks - rare).

stout shoes

socks (you'll be sitting down painting & might get cold feet).

a light rain coat

fleece (nights can get cold)

The restaurant is chic & elegant so why dress up a bit, if you feel like it.

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## TRAVEL

Our travel info : <https://www.artists-atelier.com/chateau-de-sanse/#travel-getting-to-sanse>

BORDEAUX MERIGNAC AIRPORT \_\_ SANSE

Ask the hotel to organise a taxi. It'll be cheaper than one you find at the airport.

## Travel Info

For travel info, we recommend this app : <https://www.rome2rio.com/>

Nearest TVG train station is Libourne (about 70 kms. 75 minutes drive from Sanse) or Bordeaux.

## TRANSFERS

Possibility of transfers to & from Libourne SNCF TVG on start & finish days.

Libourne SNCF train station is also a stop for certain TVG fast trains direct from Paris. Libourne is on the Bordeaux>Bergerac> Sarlat local line.

These transfers are in a shared taxi with other students. You pay the taxi directly (not included in the price). Price of taxi is about 140 euros, which is then divided by the number of voyagers. This usually works out around 30 or 40 euros per person per transfer. Pick up time is 15hr (3pm) on arrival day @ Libourne. Departure time from Sanse is 9hr on departure day.

If you require a private taxi at other times than this, the hotel reception can organise this for you at your own cost.

If you are coming from Bergerac or Sarlat, please ask us for advice on a transfer from Vélines train station.

## JET LAG....

I would recommend a day or two to get over jet lag/time differences. You're welcome to come a day early to the hotel & relax by the pool, etc. Or this nice hotel in Paris? : [Hotel in Paris : https://www.hoteldudragon.com](https://www.hoteldudragon.com)  
Most motels/hotels near Charles de Gaulle offer transfers to airport.

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## BORDEAUX

Cheap hotels near Merignac airport : google search on google maps : mercure , novotel ... whole road of hotels opposite entrance, which should include a shuttle service in the price.

Bordeaux centre : hotels near quinconces will be smarter than hotels near gare st jean, again google maps

<http://www.francethisway.com/places/bordeauxwaterfront.php>

Try & see the night lights Place de la Bourse , parc & fontaines Place Quinconces,

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## BERGERAC

On the Bordeaux - Sarlat train line

Tourist info

<http://www.bergerac-tourisme.com/>

Charming Chambres d'Hôte

Quaint B&B in old town by river, 20 mins walk train station

Le Colombier de Cyrano et Roxane / Betty Reed

<http://www.bergerac-tourisme.com/Le-Colombier-de-Cyrano-et-Roxane>

<http://www.bergerac-tourisme.com/La-Bonbonniere-Europ>'Hotel Bergerac

20, rue du Petit Sol - 24100 BERGERAC

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## *Mobility*

Sanse is well adapted for people with limited mobility. Whilst we require that you have a minimum of mobility, we try to be as accommodating as possible. I'm partly disabled & thus am a great believer in comfort. Several of my students are of a 'certain age'. So it great that we have this comfortable venue.

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## ***‘The Story of How We came to be at Sanse’***

In 2016, my old buddy Eric, who was the chef at that time, asked if I would run painting workshops at the hotel. He used to chef for my painting holidays many years. We had much laughter together. He was offered the management of Sanse, both restaurant & hotel. He Since there is also a large, heated room which we use as a studio & the ambiance friendly, the hospitality professional, I agreed.

Yoris & Sandra are the new manager/owners, and they wish to transform Sanse into a an arts venue with sculpture park.. The new chef Martial wowed us in 2024 with his tastes & talent. The future is bright. The upward curve continues

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## ***Art Supply Shops***

**BORDEAUX :** <https://www.geant-beaux-arts.fr/> 2 rue du Parlement Sainte Catherine 33000 Bordeaux Tél. 05 57 99 00 90 (can mail deliver to any of our venues)

**BERGERAC :** Excel' Buro, 12 Pl. des 2 Conils, 24100 Bergerac (limited range)

**SARLAT :** Sarlat Cadres, Résidence Ronsard, 24200 Sarlat la Caneda (limited range)

**MOULIN DE LA ROQUE :** Watercolour Paper Mill, Couze-et-Saint-Front near Bergerac . Buy beautiful handmade artists watercolour paper from this traditional paper-making mill tel : 0632136436

**AVIGNON :** <https://www.terebenthine.info> 22 bis rue Velouterie, 84000 Avignon

**PARIS :** <https://charvin-arts.com/>

Historical art supply shop (wow!) opposite Le Louvre, over the Pont Neuf.

CHARVIN PARIS 57 quai des Grands Augustins 75006 PARIS

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## ***OTHER THINGS TO DO IN THE REGION***

<https://www.perigorddecouverte.com/welcome-toperigord.php>

1. SARLAT is ‘must see’ tourist gem. Old medieval architecture & the highest density of ‘Monuments Historiques’ in all the world!

You have already seen Sarlat in films such as ‘Les Misérables’

Office de tourisme de Sarlat

2. Les Eyzies

THE VÉZÈRE VALLEY and THE PREHISTORIC CAPITAL OF THE WORLD! Prehistoric painted caves & cliffs & deep peaceful nature

Les Eyzies de Tayac : Top 10 des choses à faire - TripAdvisor

3. BERGERAC Beautiful old town on the river

Dordogne. Wine, history, markets & friendliness

Office de Tourisme Bergerac - Sud Dordogne - Périgord

4. ST.EMILLION Wine, gastronomy & old architecture

[www.saint-emilion-tourisme.com](http://www.saint-emilion-tourisme.com)

medieval st Emilion - YOUTUBE

5. BORDEAUX

Museums, shopping, beautiful old town, wine & gastronomy

<https://www.bordeaux-tourisme.com>

Bordeaux town & WINE guide

6. The Coast

Over 200kms of silver sand beaches between Bordeaux & Barritz

Biscarrosse is just the other side of Bordeaux & it's where the sea really stars. Dune de Pilat is Europe's large sand dune. Great place!

Plage des Casernes 40510 Seignosse - Surf's up!

7. Pays Basque

Bayonne. San Juan de Luz, San Sebastian, Bilbao with the Guggenheim. = WOW!

8. The Lot & Aveyron, South of the Dordogne. Cause de Quercy. Figeac. St Cirq Lapopie.

Gorges de Aveyron. Najarc. Albi - Toulouse Lautrec Museum.

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## BOOKS ON THE SOUTH WEST

Three Rivers of France: Dordogne, Lot, Tarn – Freda White

South-West France: The Wines and Winemakers – Paul Strang

The Ripening Sun: One Woman and the Creation of a Vineyard –

Patricia Atkinson

The Time and the Place: Turning Dreams to Duras in Southwest France

— Donna Drago

South Wind Through the Kitchen: The Best of Elizabeth David –

Elizabeth David

Death in the Dordogne: Bruno, Chief of Police 1 – Martin Walker

Josephine Baker Story [DVD]

Josephine Baker in Art and Life: THE ICON AND THE IMAGE –

Bennetta Jules-Rosette

Périgord, Quercy, Dordogne, Lot – Le Guide Vert, Michelin (fr)

Sud-Ouest – Femmes dans l'Histoire – Jacques Dubourg (fr)

Bastides: villes neuves du Moyen Age Jacques Dubourg (fr)

## YOUTUBE – DORDOGNE

Rick Steve's Dordogne

top 7 must see in dordogne france

Chasing a Rainbow: The Life of Joséphine Baker

She Wolves, England's Early Queens – Matilda & Eleanor

100 Years War

Michel Bras – the best cook alive in South France today,

IMO

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## LOST MOBILE PHONES

“All mobile telephones have an International Mobile Equipment Identity, or IMEI number, which can be used to block a phone if it is lost or stolen.

Individuals should make a note of the IMEI number of their phone and store it separately from the phone. “To find out the IMEI number of a mobile telephone, dial \*#06# on the handset. You'll receive a pop-up message with the number.”

“If a mobile telephone is lost or stolen the provider of the telephone should be contacted immediately and given the IMEI number. The provider can then block the use of the telephone and may be able to trace it. Blocking a telephone means that another SIM card cannot be used in the phone.”